

Holy Moly

Count: 212

Wall: 2

Level: Phrased Advanced

Choreographer: David Villellas (published July 2016)

Music: Footloose - Blake Shelton

PHRASING: A - B1 - C - TAG - A - B2 - C - 2x TAG - B2 - C - C - ENDING

PART A (32 counts)

S1 R jumping rock back, R heel strut fwd, L step ½ turn R, Toe strut turn ½ R

- 1-2 Jumping rock back on R – recover on L
- 3-4 Touch R heel forward – step down on R
- 5-6 Step L forward, turn ½ R [6]
- 7-8 Turn ½ turn Right touching L toe back, step down L heel [12]

S2 R & L toe strut on the spot – R ¼ turn R, L slide, L stomp, Hold

- 1-2 Touch R toe slightly fwd – step down on R
- 3-4 Touch L toe slightly fwd – step down on L
- 5-6 Turn ¼ R stepping R to R side [3] - slide L to R flicking L beh R
- 7-8 Stomp L beside R - HOLD [3]

S3 R jumping cross, L jumping R back x 2

- 1-2 Jumping cross R over L hooking L behind R, recover on L kicking fwd R
- 3-4 Jumping rock back on R, recover on L
- 5-6 Jumping cross R over L hooking L behind R, recover on L kicking fwd R
- 7-8 Jumping rock back on R, recover on L

S4 R jumping cross, R kick ¼ turn R, L kick ¼ turn R, L jumping cross ¼ turn R, R jumping rock back, R stomp, Lstomp

- 1-2 Jumping cross R over L hooking L behind R, turn ¼ R kicking fwd R [6]
- 3-4 Turn ¼ R jumping back on R kicking fwd L [9], turn ¼ R jumping cross L over R hooking R behind L [12]
- 5-6 Jumping Rock back on R, recover on L hooking R
- 7-8 Stomp R next to L, stomp L next to R

PART B1 (64 counts) S1 = S5 S2 = S6 S3 = S7

S1 R side & L heel, Together, L side & R heel, ¼ turn R on R w L cross, R kick ¼ turn R, L kick ¼ turn R, L fwd ¼ turn R, R stomp fwd

- &1-2 Jump R to R side (&), touch L heel diag fwd, jumping both feet together (weight on R)
- &3-4 Jump L to L side (&), touch R heel diag fwd, turn ¼ R jumping back on R crossing L over R (weight on R) [3]
- 5-6 Turn ¼ R jumping back on L kicking fwd R [6], turn ¼ R jumping back on R kicking fwd L [9]
- 7-8 Turn ¼ R stepping down on L, stomp fwd on R [12]

S2 R swivel, R kick, R stomp up, R jumping rock back, L recover x 2

- 1-2 Swivel both heels R, back to center
- 3-4 Kick fwd R, stomp up R next to L
- 5-6 Jumping rock back on R, recover on L
- 7-8 Jumping rock back on R, recover on L

S3 R kick, R Jump flicking L turning ½ L, L kick, L jumping cross x 2, L recover

- 1-2 Kick fwd R, jump fwd on R flicking L turning ½ L on R ball [6]
- 3-4 Kick fwd L, jumping cross L over R hooking R behind L
- 5-6 Jumping rock back on R kicking fwd L, jumping cross L over R hooking R behind L
- 7-8 Jumping rock back on R kicking fwd L, recover on L

S4 L full turn x2, R kick fwd, R cross, Unwind ½ turn L, Hold

- 1-2 Turn ½ L stepping back on R, turn ½ L stepping fwd on L
- 3-4 Repeat 1-2
- 5-6 Kick fwd R, cross R over L
- 7-8 Unwind ½ turn L (weight on left), HOLD [12]

S5 R side & L heel, Together, L side & R heel, ¼ turn R on R w L cross, R kick ¼ turn R, L kick ¼ turn R, L fwd ¼ turn R, R stomp fwd

- &1-2 Jump R to R side (&), touch L heel diag fwd, jumping both feet together (weight on R)
- &3-4 Jump L to L side (&), touch R heel diag fwd, turn ¼ R jumping back on R crossing L over R (weight on R) [3]
- 5-6 Turn ¼ R jumping back on L kicking fwd R [6], turn ¼ R jumping back on R kicking fwd L [9]
- 7-8 Turn ¼ R stepping down on L, stomp fwd on R [12]

S6 R swivel, R kick, R stomp up, R jumping rock back, L recover x 2

- 1-2 Swivel both heels R, back to center
- 3-4 Kick fwd R, stomp up R next to L
- 5-6 Jumping rock back on R, recover on L
- 7-8 Jumping rock back on R, recover on L

S7 R kick, R Jump flicking L turning ½ L, L kick, L jumping cross x 2, L recover

- 1-2 Kick fwd R, jump fwd on R flicking L turning ½ L on R ball [6]
- 3-4 Kick fwd L, jumping cross L over R hooking R behind L
- 5-6 Jumping rock back on R kicking fwd L, jumping cross L over R hooking R behind L
- 7-8 Jumping rock back on R kicking fwd L, recover on L

S8 L Full turn, R step ½ turn L, L slide, L stomp, Hold

- 1-2 Turn ½ L stepping back on R, turn ½ L stepping fwd on L
- 3-4 Step fwd R, turn ½ L stepping fwd on L [12]
- 5-6 Step fwd R, slide L to R
- 7-8 Stomp L next to R, HOLD [12]

PART B2 (section 1-6 identical as in PART B1) - only section 7 is different.

S1 R side & L heel, Together, L side & R heel, ¼ turn R on R w L cross, R kick ¼ turn R, L kick ¼ turn R, L fwd ¼ turn R, R stomp fwd

- &1-2 Jump R to R side (&), touch L heel diag fwd, jumping both feet together (weight on R)
- &3-4 Jump L to L side (&), touch R heel diag fwd, turn ¼ R jumping back on R crossing L over R (weight on R) [3]
- 5-6 Turn ¼ R jumping back on L kicking fwd R [6], turn ¼ R jumping back on R kicking fwd L [9]
- 7-8 Turn ¼ R stepping down on L, stomp fwd on R [12]

S2 R swivel, R kick, R stomp up, R jumping rock back, L recover x 2

- 1-2 Swivel both heels R, back to center
- 3-4 Kick fwd R, stomp up R next to L
- 5-6 Jumping rock back on R, recover on L
- 7-8 Jumping rock back on R, recover on L

S3 R kick, R Jump flicking L turning ½ L, L kick, L jumping cross x 2, L recover

- 1-2 Kick fwd R, jump fwd on R flicking L turning ½ L on R ball [6]
- 3-4 Kick fwd L, jumping cross L over R hooking R behind L
- 5-6 Jumping rock back on R kicking fwd L, jumping cross L over R hooking R behind L
- 7-8 Jumping rock back on R kicking fwd L, recover on L

S4 L full turn x2, R kick fwd, R cross, Unwind ½ turn L, Hold

- 1-2 Turn ½ L stepping back on R, turn ½ L stepping fwd on L
- 3-4 Repeat 1-2
- 5-6 Kick fwd R, cross R over L
- 7-8 Unwind ½ turn L (weight on left), HOLD [12]

S5 R side & L heel, Together, L side & R heel, ¼ turn R on R w L cross, R kick ¼ turn R, L kick ¼ turn R, L fwd ¼ turn R, R stomp fwd

- &1-2 Jump R to R side (&), touch L heel diag fwd, jumping both feet together (weight on R)
- &3-4 Jump L to L side (&), touch R heel diag fwd, turn ¼ R jumping back on R crossing L over R (weight on R) [3]
- 5-6 Turn ¼ R jumping back on L kicking fwd R [6], turn ¼ R jumping back on R kicking fwd L [9]
- 7-8 Turn ¼ R stepping down on L, stomp fwd on R [12]

S6 R swivel, R kick, R stomp up, R jumping rock back, L recover x 2

- 1-2 Swivel both heels R, back to center
- 3-4 Kick fwd R, stomp up R next to L
- 5-6 Jumping rock back on R, recover on L
- 7-8 Jumping rock back on R, recover on L

S7 L Full turn x2, R step back, L slide, L stomp, Hold

- 1-2 Turn ½ L stepping back on R, turn ½ L stepping fwd on L
- 3-4 Repeat 1-2 [12]
- 5-6 Step R long step back, slide L to R
- 7-8 Stomp L beside R, HOLD [12]

PART C (60 counts) S1 = S5 S2 = S6 S3 = S7

S1 R&L jump out ¼ turn R, L scoot ¼ turn L & R flick, R&L jump out ¼ turn L, R scoot ¼ turn L & L hook, R&L jump out ¼ turn L, R scoot ½ turn R & L flick, R&L jump out ¼ turn R, Together

- 1-2 Turn ¼ R jumping out on R & L [3], turn ¼ L scooting on L flicking R [12]
- 3-4 Turn ¼ L jumping out on R & L [9], turn ¼ L scooting on R hooking L (over R) [6]
- 5-6 Turn ¼ L jumping out on R & L [3], turn ½ R scooting on R flicking L [9]
- 7-8 Turn ¼ R jumping out on R & L [12], jump together both feet

S2 R&L jump out, R scoot ¼ turn L & L flick, R scoot ¼ turn L & L kick, Down on L & R flick, L scoot & R kick, R cross, R&L jump out, R&L together

- 1-2 Jump out on R & L, turn ¼ L scooting on R flicking L [9]
- 3-4 Turn ¼ L scooting on R kicking L [6], jump down on L flicking R
- 5-6 Scoot in place on L kicking right forward, cross right over left
- 7-8 Jump out on R & L, jump together both feet

S3 R&L jump out ¼ turn R, R scoot ¼ turn L & L hook, R&L jump out ⅛ turn L, L scoot ⅛ turn R & R hook, R&L jump out, R scoot ½ turn L & L hook, R scoot ¼ turn L & L hook, R&L jump out ¼ turn L

- 1-2 Turn ¼ R jumping out on R & L [9], turn ¼ L scooting on R hooking L (over R) [6]
- 3-4 Turn ⅛ L jumping out on R & L [4½], turn ⅛ R scooting on L hooking R (over L) [6]
- 5-6 Jump out on R & L, turn ½ L scooting on R hooking L (over R) [12]
- 7-8 Turn ¼ L scooting on R hooking L (over R) [9], turn ¼ L jumping out on R & L [6]

S4 L scoot ⅛ turn R & R hook, R&L jump out, R scoot ¼ turn L & L hitch, R&L jump out, L scoot ⅜ turn R & R hitch, L scoot ¼ turn R & R hitch, R jumping rock back, L recover

- 1-2 Turn ⅛ R scooting on L hooking R (over L), [7½], jump out on R & L
- 3-4 Turn ¼ L scooting on R hitching L [4½], jump out on R & L
- 5-6 Turn ⅜ R scooting on L hitching R [9], turn ¼ R scooting on L hitching R [12]
- 7-8 (jumping) back rock R, recover on left

S5 R&L jump out ¼ turn R, L scoot ¼ turn L & R flick, R&L jump out ¼ turn L, R scoot ¼ turn L & L hook, R&L jump out ¼ turn L, R scoot ½ turn R & L flick, R&L jump out ¼ turn R, Together

- 1-2 Turn ¼ R jumping out on R & L [3], turn ¼ L scooting on L flicking R [12]
- 3-4 Turn ¼ L jumping out on R & L [9], turn ¼ L scooting on R hooking L (over R) [6]
- 5-6 Turn ¼ L jumping out on R & L [3], turn ½ R scooting on R flicking L [9]
- 7-8 Turn ¼ R jumping out on R & L [12], jump together both feet

S6 R&L jump out, R scoot ¼ turn L & L flick, R scoot ¼ turn L & L kick, Down on L & R flick, L scoot & R kick, R cross, R&L jump out, R&L together

- 1-2 Jump out on R & L, turn ¼ L scooting on R flicking L [9]
- 3-4 Turn ¼ L scooting on R kicking L [6], jump down on L flicking R
- 5-6 Scoot in place on L kicking right forward, cross right over left
- 7-8 Jump out on R & L, jump together both feet

S7 R&L jump out ¼ turn R, R scoot ¼ turn L & L hook, R&L jump out ⅛ turn L, L scoot ⅛ turn R & R hook, R&L jump out, R scoot ½ turn L & L hook, R scoot ¼ turn L & L hook, R&L jump out ¼ turn L

- 1-2 Turn ¼ R jumping out on R & L [9], turn ¼ L scooting on R hooking L (over R) [6]
- 3-4 Turn ⅛ L jumping out on R & L [4½], turn ⅛ R scooting on L hooking R (over L) [6]
- 5-6 Jump out on R & L, turn ½ L scooting on R hooking L (over R) [12]
- 7-8 Turn ¼ L scooting on R hooking L (over R) [9], turn ¼ L jumping out on R & L [6]

S8 L scoot ⅛ turn R & R hitch, R&L jump out, R scoot ⅜ turn L & L hitch, L ¼ turn L

- 1-2 Turn ⅛ R scooting on L hitching R [7½], jump out on R & L
- 3-4 Turn ⅜ L scooting on R hitching L [3], turn ¼ L stepping fwd on L [12]

TAG (16 counts)

S1 R vine, L scuff, L vine, R scuff

- 1-2 Step R to R side, cross L behind R [12]
- 3-4 Step R to R side, scuff L next to R
- 5-6 Step L to L side, cross R behind L
- 7-8 Step L to L side, scuff R next to L

S2 R step ½ turn L, R heel strut, L step ½ turn R, L heel strut

- 1-2 Step fwd on R, turn ½ L [6]
- 3-4 Touch fwd R heel, step down on R ball
- 5-6 Step fwd on L, turn ½ R [12]
- 7-8 Touch fwd L heel, step down on L ball

ENDING (32 counts)

TAG, TAG replacing S2 count 7-8 with R full turn

- 7-8 Turn ½ R stepping back on L [6], turn ½ R stomping fwd on R [12]

Edited 2023-01-22

Lasse Appelquist