

ALL SHOOK UP

Count: 80

Wall: 1

Level: Advanced

Choreographer: Naomi Fleetwood-Pyle

Music: All Shook Up by Elvis Presley



DANCE PATTERN: AB ABC ABC ABB

Intro: 16 counts

PART A (32):

SHUFFLE FORWARD LEFT AND RIGHT, GRAPEVINE LEFT, TOUCH

- 1 & 2 Shuffle forward on left, right, left
- 3 & 4 Shuffle forward on right, left, right
- 5 – 6 Step left to left side, cross right behind left
- 7 – 8 Step left to left side, touch right next to left

SHUFFLE BACKWARDS RIGHT AND LEFT, GRAPEVINE RIGHT, TOUCH

- 1 & 2 Shuffle backwards on right, left, right
- 3 & 4 Shuffle backwards on left, right, left
- 5 – 6 Step right to right side, cross left behind right
- 7 – 8 Step right to right side, touch left next to right

WALK FORWARD LEFT, RIGHT, LEFT, KICK RIGHT, WALK BACK RIGHT, LEFT, RIGHT, TOUCH LEFT

- 1 – 2 Walk forward on left, right
- 3 – 4 Walk forward on left, kick right
- 5 – 6 Walk back on right, left
- 7 – 8 Walk back on right, touch left next to right

STOMP LEFT, CLAP HANDS, LEFT AND RIGHT HANDS, HOLD, HIP ROLLS LEFT RIGHT x 2

- 1 – 2 Stomp left to left side, clap hands
- 3 – 4 Left arm up left and right hand on right hip, hold
- 5 – 6 Roll hips anti clock wise in a circle left right
- 7 – 8 Roll hips anti clock wise in a circle left right (ending weight on right)

PART B (16):

GRAPEVINE LEFT, TOUCH, STEP RIGHT, ½ TURN LEFT, STEP RIGHT, ½ TURN LEFT

- 1 – 2 Step left to left side, cross right behind left
- 3 – 4 Step left to left side, touch right next to left
- 5 – 6 Step forward on right, turn ½ left stepping forward on left
- 7 – 8 Step forward on right, turn ½ left stepping forward on left

GRAPEVINE RIGHT, TOUCH, STEP LEFT, ½ TURN RIGHT, STEP LEFT, ½ TURN RIGHT

- 1 – 2 Step right to right side, cross left behind right
- 3 – 4 Step right to right side, touch left next to right
- 5 – 6 Step forward on left, turn ½ right stepping forward on right
- 7 – 8 Step forward on left, turn ½ right stepping forward on right

PART C (32):

GRAPEVINE LEFT, ½ LEFT & HITCH RIGHT, WALK BACKWARDS RIGHT, LEFT, RIGHT, TOUCH LEFT

- 1 – 2 Step left to left side, cross right behind left
- 3 – 4 Step left to left side, turn ½ left on ball of left foot and hitch right at the same time
- 5 – 6 Walk backwards on right, left
- 7 – 8 Walk backwards on right, touch left next to right

BOOGIE WALKS LEFT, RIGHT, LEFT, RIGHT

- 1 – 2 Roll left knee right, left, right as you walk forward toe, heel
- 3 – 4 Roll right knee left, right, left as you walk forward toe, heel
- 5 – 8 Repeat 1 – 4

REPEAT THE TWO SECTIONS